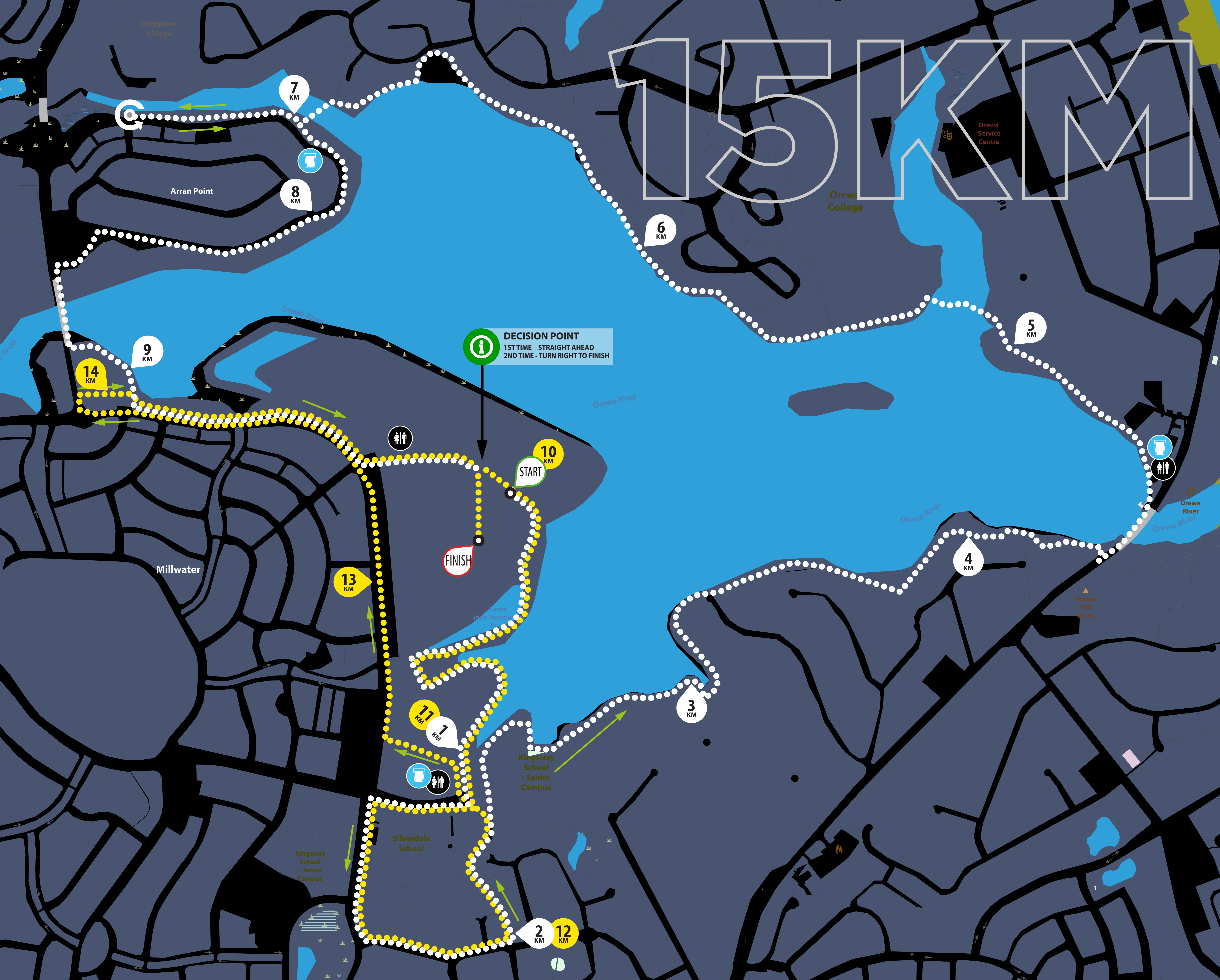


COURSE MAP



START **FINISH**

METRO PARK
MILLWATER

AID STATIONS

- 1. 4.5 KM / OREWA BOAT RAMP
- 2. 7.8 KM / ARRAN PARADE
- 3. 12.5KM / HOCKEY FIELD

ROUTE KEY

- START > 9.9KM
FOLLOW WHITE DOTS
- 9.9KM > FINISH
FOLLOW YELLOW DOTS